

**Menu**

**Milk served with AM Snack & Lunch**  
(Milk Substitute: Silk Soy Milk)

<b>Date:</b> <b>8/10-8/14</b>	<b>Monday</b> Name:	<b>Tuesday</b> Name:	<b>Wednesday</b> Name:	<b>Thursday</b> Name:	<b>Friday</b> Name:
<b>AM Snack</b>	<ul style="list-style-type: none"> <li>Cereal Mix</li> <li>Mandarin Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Raisin Bread</li> <li>Butter</li> <li>Mangos</li> </ul>	<ul style="list-style-type: none"> <li>Blueberries</li> <li>Rice Cakes</li> <li>Apple Butter</li> </ul>	<ul style="list-style-type: none"> <li>Strawberries</li> <li>Bagel</li> <li>Cheese Stick</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt</li> <li>Raspberries</li> </ul>
Dairy Sub.	(DF)	(DF) Butter	(DF)	(DF) Cheese	(DF) Yogurt
Soy Sub.					
Gluten Sub. (GF)	(GF)	(GF) Bread	(GF)	(GF) Bagel	(GF)
Vegetarian Sub.					
Vegan Sub. (V)	(V)	(V)	(V)	(V) Cheese	(V) (DF) Yogurt
Infant Sub.					
<b>Lunch</b>	<ul style="list-style-type: none"> <li>Spinach/Cheese Tortellini</li> <li>Beets</li> <li>Italian Bread</li> <li>Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Waffles</li> <li>Berry Mix</li> <li>Cottage Cheese</li> <li>Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Sloppy Joe</li> <li>Whole Wheat Roll</li> <li>Pineapple</li> <li>Corn</li> </ul>	<ul style="list-style-type: none"> <li>Tuna Sandwich</li> <li>Carrots</li> <li>Pears</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni and Cheese</li> <li>Broccoli</li> <li>Applesauce</li> </ul>
Dairy Sub.	(DF) Cheese	(DF) Waffles, Cottage Cheese		(DF) Veggie Burger	(DF) Cheese
Soy Sub.					
Gluten Sub. (GF)	(GF) Pasta, Bread	(GF) Waffles	(GF) Roll	(GF) Bread	(GF) Pasta
Vegetarian Sub.		(V)	(V) Veggie Crumble	(V) Veggie Burger	
Vegan Sub. (V)	(V)	(V)	(V) Veggie Crumble	(V) Veggie Burger	(V)
Infant Sub.					
<b>PM Snack</b>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Strawberry Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Watermelon</li> <li>Wheat Thins</li> <li>Hummus</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Veggies</li> <li>Dill Dip</li> <li>Pita</li> </ul>	<ul style="list-style-type: none"> <li>Lemonade Pops</li> <li>Pretzels</li> </ul>	<ul style="list-style-type: none"> <li>Ranch Oyster Crackers</li> <li>Fruit Salad</li> </ul>
Dairy Sub.	(DF) Cream Cheese	(DF)	(DF) Dill Dip	(DF)	(DF)
Soy Sub.					
Gluten Sub. (GF)		(GF) Crackers	(GF) Pita	(GF) Pretzels	(GF) Crackers
Vegetarian Sub.					
Vegan Sub. (V)	(V)	(V)	(V)	(V)	(V)
Infant Sub.			Infant Crackers	Cooked Veggies	

Cheese Sandwiches will be given as a substitute lunch if your child dislikes lunch of the day. FOODS ARE ADDITIVE FREE, IF POSSIBLE. Milk is served daily with AM snack and Lunch, water is served with PM snack, and throughout the day. Whenever possible we use fresh fruits and vegetables. Whole wheat products are used if age appropriate.